

Parkrun Challenge 2026

Parkrun is a free, community event where you can walk, jog, run, volunteer or spectate. Parkrun is 5k and takes place every Saturday morning at 9am. Parkrun is positive, welcoming and inclusive, there is no time limit, and no one finishes last. Everyone is welcome to come along.

For this challenge one parkrun is selected per month. You can attend that selected parkrun once, or every Saturday of that month, but only one result can be accepted per parkrun/month. Feel free to submit all results for the month and we'll count the best one.

There will be a reminder post on the members only Facebook page about the upcoming month's venue and that thread can be used for photos, results, lift sharing, post run breakfast plans, etc.

Attend, run, let Zabi know, and your results will be entered.

All selected parkruns are within 1 hour of the clubhouse, and there is a good selection of road and trail. Most importantly - have fun!

Scoring

You must complete 6 of the 11 parkrun venues to qualify.

We will use the official parkrun scoring system, which is publicly available and uses the WAVA age grading system.

All results must be submitted by the end of November, in line with the usual Club Championship.

We will calculate your final score based on an average of your best 6 results.

There will be prizes for the 3 best scores over the year (M&F), and for the person who completes the most parkruns.

Planned parkruns:

January (not including New Year's Day)	The Demesnes
February	Stewart Park
March	Thorp Perrow
April	Northallerton
May	Sedgefield
June	Wynyard Woodland
July	Millfield
August	Heritage Coastal Path
September	Ushaw Historic House
October	Fountains Abbey
November	Riverside