

Club championship 2016: age-graded performances

Updated November 19th 2016

Race 1 = Lightwater Valley 10K	Race 14 = HDSRL race Ripon
Race 2 = Haweswater half	Race 15 = Newton Aycliffe 10K
Race 3 = Thirsk 10	Race 16 = Eccup 10 mile
Race 4 = Mermaid 10K	Race 17 = Pitstop 10K
Race 5 = Fountains 10K	Race 18 = Burton Leonard 10K
Race 6 = Keswick half marathon	Race 19 = Darlington 10K
Race 7 = Tees Barrage 10K (no SR)	Race 20 = Scorton 10K
Race 8 = HDSRL race Ilkley	Race 21 = Wetherby 10K (no SR)
Race 9 = Leeds half (no SR)	Race 22 = Tholthorpe 10K
Race 10 = Ripon 10 mile	Race 23 = Vale of York half marathon
Race 11 = HDSRL race Nidd Valley	Race 24 = Redcar half marathon (no SR)
Race 12 = HDSRL race Swaledale	Race 25 = Shaun Lee Johnstone 10 mile
Race 13 = HDSRL race Thirsk	Race 26 = Derwentwater 10 (no SR)

NB Runners are put into age categories according to their age on 1st January 2016. Percentages for each race are calculated according to the age of each runner on race day, using <http://www.howardgrubb.co.uk/athletics/wmalookup06.html>

Once runners have completed 6 or more races (including 2 long runs), their weakest scores have been dropped

Male Senior

Name	3	10	11	12	13	14	19	25	Average %
James Taylor	59.61								59.61
Ronan Walsh	55.26	53.96	58.72	57.85	58.56	53.91			56.38
Tim Grimwood							69.02	66.91	67.97

Male 40-44

Name	3	8	11	13	14	15	20	Average %
Dave Atkinson	72.9		72.67	62.95				72.79
Alan Mackay	57.38	52.58	55.44		60.79			57.83
Christian Player	56.14					57.18	55.58	56.3

Male 45-49

Name	2	3	8	10	11	19	25	Average %
Martin Randall	68.48	70.99				70.95		70.14
Mark Sowerby			68.92		72.77			70.85
Niall Cheyne				56.49			55.44	55.97
Andrew Fahey								72.2
Neil Bowmer							68.0	68

Male 50 - 54

Name	8	10	11	12	13	25	Average %
Derek Parrington		75.88		78.59	78.65	77.39	77.63
Andy Broadley	53.15		51.81				52.48

Male 55 - 59

Name	1	2	3	6	8	11	12	15	16	18	19	22	23	Subs 1	Subs 2	Av %
Robbie Kelly		77.05														77.05
Andrew Fletcher	74.87			76.53				81.02	80.01	78.05	82.43	82.33	83.65	81.3	81.95	82.11
Pete Devlin			62.41					62.9								62.66
Steve Brown					84.77	87.35	85.02									85.71

Male 60 - 64

Name	1	2	3	8	10	11	12	13	14	17	19	22	Av %
Stuart Hardcastle	66.86						64.66	70.89	64.51	72.62			67.91
Martin Luxton		75.76		75.55			75.9						75.74
Roger Brisley			64.04		58.06	61.65	61.98		58.52		63.55	63.08	62.06

Male 70 - 74

Name	1	3	Average %
Ronnie Cassar	60.45	65.92	63.19

Female Senior

Name	3	10	11	12	19		Average %
Nicki Skinner	47.17	45.08	51.3				47.85
Caitlin Pearson			66.44	68.28	67.96		67.56

Female 35-39

Name	3	11	13	14	17	19	20	25	Average %
Nicki Logan	52.73	55.39	53	54.44					53.89
Adele Marshall					70.88		66.79		68.84
Zoe Mason						70.33		62.88	66.61

Female 40-44

Name	1	3	5	8	10	11	13	14	19	20	Average %
Anne Singleton	52.29		53.78		51.83				54.40	52.48	52.96
Zoe Mackay		57.74		67.74		71.27	57.62	56.6			62.19

Female 45-49

Name	3	25	Average %
Carol Murray	67.61		67.61
Ros Blackmore		60.45	60.45

Female 50 -54

Name	1	2	3	8	11	13	14	19	20	25	Subs 1	Subs 2	Average %
Vicki Howe	68.02		69.62					68.27	64.49	65.7	66.98	68.49	67.85
Karen Thorpe				59.36	64.63	63.65	57.06						61.18
Helen Nicholson									67.41				67.41
Oonagh Bathgate										81.37			81.37

Female 55 -59

Name	8	10	11	13	14	15	19	22	25	Subs 1	Subs 2	Average %
Chris Sayer	62.3		63.99	64.54	60.41							62.81
Grace Gilpin		59.08					66.93		65.47			63.83
Liz Sowter						66.11	67.47	70.89	63.5	67.85	68.54	67.39

Female 60 – 64

Name	1	3	19	22	25	Subs 1	Subs 2	Average %
Julia Spittle	68.59	72.23	71.33	72.59	64.66	70.97	71.76	71.25