

Autumn / winter virtual club championship 2020 – results Friday October 23rd

Calculator used for aged-graded results: <http://www.howardgrubb.co.uk/athletics/wmaroad15.html>

Please ask if you are not sure how age-grading works.

Age graded mile

Percentage	Name	Time
------------	------	------

Age graded 5K

Percentage	Name	Time
77.93	Grace Gilpin	23.47
77.3	Andrew Fletcher	21.00
74.55	Tim Grimwood	18.24
67.72	Julia Spittle	29.32
58.61	Heather Hodgson	27.35

Age graded 10K

Percentage	Name	Time
72.82	Liz Sowter	53.26
61.32	Rebecca Pickles	52.26
60.98	Roger Brisley	56.56
60.41	Jan IIsley	1.02.41
60.41	Tim Grimwood	45.53
59.41	Martin Randall	50.35
50.38	Melanie Scott	1.09.40

49.84	Chris Muston	1.04.02
44.32	Zabi Dashwood	1.08.31
44.32	Carissa-marie Jackson	1.08.31
36.1	Claire Hewitt	1.32.45

Age graded 10 miles

Percentage	Name	Time
70.16	Andrew Fletcher	1.18.15
67.15	Annelie Whitfield	1.32.24
66.71	Iain Kerr	1.11.57
40.13	Heather Hodgson	2.16.36

Age graded half marathon

Percentage	Name	Time
------------	------	------

Age graded marathon

Percentage	Name	Time
39.17	Martin Randall	5.50.17

Most distance covered in 24 hours (male or female)

Distance (miles)	Name
50.71	Vicki Howe

Couple: fastest 10K

Names	Time
-------	------

Family, including at least one under 18: fastest 5K

Time	Name
53.34	Heather Hodgson

Family, including at least one of primary school age: fastest 3K

Time	Name
16.20	Heather Hodgson

Canicross: most distance covered in 30 minutes with a dog under 10 years old on lead

Distance (miles)	Name
3.49	Annelie Whitfield and Jasper
3.12	Jan Ilsley and Bella

Senior canicross: most distance covered in 30 minutes with a dog aged 10 years or over on lead

Distance (miles)	Name
------------------	------

Open canicross: most distance covered in one hour.

Distance (miles)	Name
6.7	Jan Ilsley and Bella
5.84	Annelie Whitfield and Jasper
2.48	Liz Sowter and Millie